

LIVING THE EUCHARIST WE CELEBRATE

My friends, I implore you by God's mercy to offer your very selves to God:
a living sacrifice, dedicated and fit for God's acceptance, the worship offered by mind and heart.
Romans 12:11

How beautiful will be the day when all the baptized understand that their work, their job,
is a priestly work, that just as I celebrate Mass at the altar, so each carpenter celebrates Mass
at the workbench, and each metal worker, each professional, each doctor with the scalpel,
the market woman at her stand, are performing a priestly office.
Bishop Oscar Arnulfo Romero

You also, as living stones, must be built up into a spiritual temple, and form a holy priesthood
to offer spiritual sacrifices acceptable to God through Jesus Christ.
I Peter 2:5

When participating at Mass I...	...then in my daily life I can
receive God's forgiveness just as I am	
listen to God's Word as addressed to me	
pray for the concerns and needs of others	
offer to God simple gifts of bread and wine	
remember what Jesus lovingly does for me	
extend the sign of peace to those around me	
share with many one bread and one cup	
am sent out to love and serve God and others	

PRAYER

- Quiet yourself.
- Take some deep breaths.
- Close your eyes.
- Imagine Jesus commissioning you to take, bless, break open, and give of yourself in his name.
- How do you feel?
- What do you want to say to Jesus?

- ✓ What is my particular altar at which I perform the priestly office of being bread for a hungry world?
- ✓ What difference does it make in my life to get in the habit of living the Eucharist daily in addition to celebrating the Eucharist on Sundays?

**Sunday Mass is just the beginning
of a week-long act of worship
in memory of Jesus.**